
Journey Through the Bible- Week 1

2/7/26

S.O.A.P.

That same day two of Jesus' followers were walking to the village of Emmaus, seven miles from Jerusalem. 14 As they walked along they were talking about everything that had happened. 15 As they talked and discussed these things, Jesus himself suddenly came and began walking with them. 16 But God kept them from recognizing him. 17 He asked them, "What are you discussing so intently as you walk along?" They stopped short, sadness written across their faces. 18 Then one of them, Cleopas, replied, "You must be the only person in Jerusalem who hasn't heard about all the things that have happened there the last few days." 19 "What things?" Jesus asked. "The things that happened to Jesus, the man from Nazareth," they said. "He was a prophet who did powerful miracles, and he was a mighty teacher in the eyes of God and all the people. 20 But our leading priests and other religious leaders handed him over to be condemned to death, and they crucified him. 21 We had hoped he was the Messiah who had come to rescue Israel. This all happened three days ago. 22 "Then some women from our group of his followers were at his tomb early this morning, and they came back with an amazing report. 23 They said his body was missing, and they had seen angels who told them Jesus is alive! 24 Some of our men ran out to see, and sure enough, his body was gone, just as the women had said." 25 Then Jesus said to them, "You foolish people! You find it so hard to believe all that the prophets wrote in the Scriptures. 26 Wasn't it clearly predicted that the Messiah would have to suffer all these things before entering his glory?" 27 Then Jesus took them through the writings of Moses and all the prophets, explaining from all the Scriptures the things concerning himself. 28 By this time they were nearing Emmaus and the end of their journey. Jesus acted as if he were going on, 29 but they begged him, "Stay the night with us, since it is getting late." So he went home with them. 30 As they sat down to eat, he took the bread and blessed it. Then he broke it and gave it to them. 31 Suddenly, their eyes were opened, and they recognized him. And at that moment he disappeared! 32 They said to each other, "Didn't our hearts burn within us as he talked with us on the road and explained the Scriptures to us?" 33 And within the hour they were on their way back to Jerusalem. There they found the eleven disciples and the others who had gathered with them, 34 who said, "The Lord has really risen! He appeared to Peter."

Luke 24:13-34 NLT

1. When you think about the Bible, do you tend to see it as disconnected stories or one unified story of redemption? What's one change you can make in the next 8 weeks to read it with a "one story" lens?
2. Where do you most need God's "buy back / recover" work right now—your identity, a relationship, your habits, your hope, or your purpose? What would it look like to let Him redeem that area?
3. Where are you tempted to believe, "this situation is done" or "I'm stuck"? What step of faith would align with the truth that "there is another chapter"?
4. If God is still unfolding redemption and we get to walk in it together, what does that mean for your week? Who is one person you can pray for, invite, serve, or encourage as part of God's pursuit of His children?